

GENERATION NEW ERA

A STUDY OF CHILDREN
BORN IN THE 2020s



HOW TO TAKE YOUR BABY'S SALIVA SAMPLE

Prepare to take the sample

1

Please read this instruction booklet

2

Please visit: explainmyprocedure.com/babygne
or scan the QR code to watch our video on how
to collect your baby's saliva sample

3

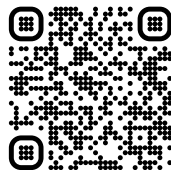
Check the contents of the saliva collection kit

4

Wait at least 30 minutes after your baby has eaten or drunk
anything before collecting the sample as this can affect the quality
of the sample

5

It will take less than 5 minutes to collect the sample



What's in the kit?

Please check you have **all** the kit items before you start. If any of these items are missing, please email or call the Generation New Era team: gnestudy@ipsos.com or **Freephone 0800 151 0610**.

DO NOT take a sample if the sample package is cut or torn. If the package is cut or torn please contact the Generation New Era team for a replacement test, using the details above.



Sample package, including a tube with screw lid

Please make sure the sponge tip does not come in contact with any surface prior to collection. If the liquid in the tube comes into contact with eyes or skin, wash with water. **DO NOT** pour out or swallow the liquid.



A clear plastic bag containing an absorbent sheet

To place the saliva tube in after you have collected the sample



Barcode label sheet

To label the tube and clear plastic bag

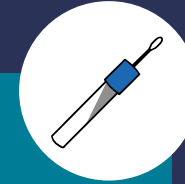


A padded return envelope

To post the saliva sample to the lab

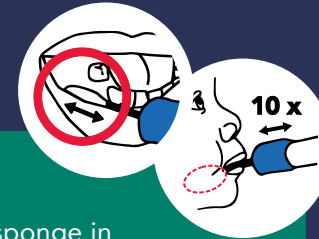
How do I collect my baby's saliva sample?

1.



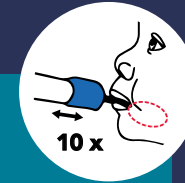
Open the protective sample package and remove the mouth swab without touching the sponge tip.

2.



Place the sponge in your baby's mouth. Gently rub the sponge back and forth along the lower gums 10 times on the right side.

3.



Repeat the rubbing motion along the lower gums 10 times on the left side.

4.



Hold the tube upright to prevent the liquid inside the tube from spilling. Unscrew the blue cap from the collection tube without touching the sponge.

5.



Turn the cap upside down, insert the sponge into the tube and close cap tightly.

6.



Turn the tube upside down and shake vigorously 10 times.

7.



Place one of the barcode labels on the tube lengthways.

8.



Put the tube into the clear plastic bag, keeping the absorbent sheet in the bag, and seal tightly. Put the other barcode label on the clear plastic bag.

TIP:

You may wish to sit your baby upright in a highchair with a toy to keep them occupied!

How do I return my baby's saliva sample?

1

Place the sealed clear plastic bag (with the tube and absorbent material) inside the padded return envelope. Make sure the lid is tightly shut.

2

Then seal the envelope and post it in a standard post box – the postage has been pre-paid. Please try to post the sample as soon as possible. If you cannot return the sample immediately after collecting, please store at room temperature away from direct sunlight and return the sample as soon as you are able to.



Who do I contact if I have a question?

If you would like more information about the study or you have a question about giving a saliva sample, please contact the Generation New Era team using the details below, or visit our webpage: gnestudy.info/saliva



gnestudy@ipsos.com



Freephone
0800 151 0610

Calls from landlines are free but costs from mobile phones may vary, please check with your provider.

Thank you for your help!

